

Friday PM Core Seminar for UCPC Residents

Updated 8/24/20

The Friday PM Core Seminar is a 2-year longitudinal curriculum occurring on Friday afternoons during ambulatory care blocks. The purpose of the curriculum is to expose residents to areas of medicine that are important to the practice of primary care medicine, but not commonly taught in other venues. The format is a small group, interactive, case-based seminar. Residents are given learning objectives and reading assignments prior to each seminar and are expected to actively participate in discussions. Below is a list of general topics covered during the core curriculum.

On every second, and fourth Friday, core seminars are held jointly in the Department of Medicine (with all PGY2 and PGY3 residents on block). These seminars are larger in structure and are noted below with "bold".

On "non-joint" days, case discussions are scheduled with clinical specialists in domains not covered by the joint didactics. **These sessions are for UCPC R2/R3s ONLY.** These sessions are NOT bolded.

Even year = the calendar year that the academic year starts is an even number (ie: 2019-2020 academic year is an odd year)

Adolescent Medicine (even years)

Common Problems in Adolescent Medicine (approach to adolescents, sexuality, eating disorders)

Allergy and Immunology (odd years)

Allergy and Immunology cases for the PMD: Allergic rhinitis, Drug allergies/desensitization, immunodeficiencies

Cardiology (even years)

CAD Management (stress testing and ASA); valvular disease, arrhythmias

Dermatology (even years)

Dermatology cases and skin cancers

End of Life (even years)

Symptom Management

Endocrine (odd years)

Insulin management, non-insulin DM meds
Osteoporosis – screening, diagnosis and treatment

ENT (odd years)

Common ENT Problems (including sinusitis, vertigo, tinnitus, hearing loss)

Gastroenterology (odd years)

Approach to the Patient with Hep C
Approach to the Patient with Hep B
Fatty Liver
IBS (if space allows)
Primary care for the IBD patient (if space allows)
Chronic Diarrhea (if space allows)

Geriatrics (odd years)

Geriatrics assessment, capacity, advanced care planning

Advanced Directives/Hospice in the outpatient setting

Annual Wellness Visit (yearly)

Healthcare Management/ Quality Assurance (yearly)

Reorientation to Clinic: Telehealth, Telephone Medicine, Practice Management

Health Finance/Advocacy (odd years)

Medicare (MSSP), Medicaid, Alternative payment models

How to leverage your position as a physician in advocacy

Hematology (even years)

Anemia for the PMD

Approach to SPEP/MGUS

Myelodysplastic disorders

Anti-coagulation for the PMD

ID (odd years)

LTBI/TB

STIs/HPV

Primary Care of the HIV+ Patient (if space allows)

Integrative Medicine (odd years)

Overview of Integrative/Complementary Therapies (herbal meds, acupuncture, marijuana)

Lab Medicine (even years)

Lab medicine for the Internist

Neurology (even years)

Hypothesis-driven Neuro Exam

Stroke/TIA

Movement Disorders (odd year)

Update in Seizure Disorders (if space allows)

Nutrition (odd years)

Nutrition and Weight Management

Oncology (odd years)

Solid malignancies (breast, lung, colon), complications of treatment

Ophthalmology (even years)

Common Eye Problems- What Every Internist Needs to know (red eye, acute vision loss) and how to read ophthalmology note

Orthopedics (even years)

Knee and Shoulder complaints and exam

Knee and Shoulder injections (yearly)

Basics of Splinting

Commonly missed orthopedic complaints

Psychiatry (even)

Depression, Anxiety, Psychosis, suicide risk assessment

Addiction Pharmacotherapy and Opioid Stewardship

Pulmonary (odd)

Sleep disorders (OSA, RLS, PLMS, insomnia)
PFTs/COPD/Asthma
ILD (if space allows)

Renal (even years)

CKD
Renal stones

Rheumatology (even years)

High yield exam features
Interpretation of rheumatologic tests
Approach to the Patient with Arthritis
Rheum cases: Rheumatoid Arthritis, SLE, Crystal Diseases

Urology (odd years)

Male/female incontinence, prostate cancer and screening, LUTS

Sexuality (odd years)

Care of the transgender patient

Sexuality (even years)

Sexual dysfunction (*if space*)

Wellness (every year)

Medical Error (even year)
Self care for the provider caring for the dying patient (odd year)

Women's Health (even)

Contraception, Emergency Contraception, Ectopic pregnancy, Cervical cancer screening, Amenorrhea
Medical Abortion/DUB

Other (odd years)

Strategies for Identifying Environmental and Occupational Disease